

# MESA OUR SCHEDULE

Kinder Programs	Monthly Tuition	Age	Mon	Tues	Wed	Thurs	Fri	Sat
<b>Lil Ninjas</b> coed pre-parkour	\$95 1 hour	4-6	4:00-5:00 5:00-6:00 6:00-7:00	4:00-5:00 5:00-6:00 6:00-7:00	3:00-4:00 4:00-5:00 5:00-6:00 6:00-7:00	4:00-5:00 5:00-6:00 6:00-7:00	4:00-5:00 5:00-6:00 6:00-7:00	9:30-10:30 10:30-11:30 11:30-12:30
<b>Lil' Poppers</b> coed trampoline	\$95 1 hour	3-5	4:00-5:00		3:00-4:00 5:00-6:00			11:30-12:30

Parkour	Monthly Tuition	Age	Mon	Tues	Wed	Thurs	Fri	Sat
<b>Level 1 White Band</b> Athletic Shoes Req coed	\$95 1 hour	7+	4:00-5:00 5:00-6:00 6:00-7:00	4:00-5:00 5:00-6:00 6:00-7:00	3:00-4:00 4:00-5:00 5:00-6:00 6:00-7:00	3:00-4:00 4:00-5:00 5:00-6:00 6:00-7:00	4:00-5:00 5:00-6:00 6:00-7:00	9:30-10:30 10:30-11:30 11:30-12:30
<b>Level 2 Green Band</b> Athletic Shoes Req coed	\$95 1 hour	7+	4:00-5:00 5:00-6:00 6:00-7:00	4:00-5:00 5:00-6:00 6:00-7:00	3:00-4:00 4:00-5:00 5:00-6:00 6:00-7:00	4:00-5:00 5:00-6:00 6:00-7:00	4:00-5:00 5:00-6:00 6:00-7:00	9:30-10:30 10:30-11:30 11:30-12:30
<b>Level 3 Blue Band</b> Athletic Shoes Req coed	\$95 1 hour	7+	4:00-5:00 5:00-6:00 6:00-7:00	4:00-5:00 5:00-6:00 6:00-7:00	4:00-5:00 5:00-6:00 6:00-7:00	4:00-5:00 5:00-6:00 6:00-7:00	4:00-5:00 5:00-6:00 6:00-7:00	9:30-10:30 10:30-11:30 11:30-12:30
<b>Freerunning</b> Athletic Shoes Req coed	\$95 1 hour	7+				7:00-8:00		
<b>Tricking</b> Athletic Shoes Req coed	\$95 1 hour	7+		7:00-8:00				

Trampoline/Tumbling	Monthly Tuition	Age	Mon	Tues	Wed	Thurs	Fri	Sat
<b>Trampoline</b> coed	\$95 1 hour	6+	6:00-7:00	4:00-5:00 6:00-7:00	6:00-7:00	4:00-5:00 5:00-6:00 6:00-7:00		9:30-10:30 10:30-11:30
<b>Tumbling</b> coed	\$95 1 hour	6+	5:00-6:00		4:00-5:00	5:00-6:00		

Adult	Monthly Tuition	Age	Mon	Tues	Wed	Thurs	Fri	Sat
<b>ADULT Parkour</b>	\$95 1 hour	18+	5:00-6:00 6:00-7:00 7:00-8:00	4:00-5:00	6:00-7:00	7:00-8:00	5:00-6:00 6:00-7:00	9:30-10:30 10:30-11:30 11:30-12:30
<b>ADULT Tumbling</b>	\$95 1 hour	18+		6:00-7:00	7:00-8:00	6:00-7:00		
<b>ADULT Trampoline</b>	\$95 1 hour	18+		5:00-6:00 7:00-8:00				

**ANNUAL MEMBERSHIP**

\$45 per person  
 \$20 for additional family members  
 \$85 maximum per family  
**Membership required for enrollment**

**Membership Benefits:**

- 1 open gym pass to share with non-member (only available for new member registrations)
- membership pricing for special events and open gyms
- camp registration fee waived
- free kinder open gym (ages 5 and under)

**INDIVIDUAL UNLIMITED CLASSES**

\$175 monthly tuition  
 • choose ANY 2 classes to enroll for guaranteed spot  
 additional classes - call ahead to reserve -  
 • OPEN GYMS INCLUDED for person enrolled  
 Any type of class\* / Any duration /  
 \*skills req for higher class levels  
 •NO make-ups or pro-ration with unlimited

**FAMILY UNLIMITED CLASSES**

\$350 monthly tuition  
 4 family members (same household)  
 each person choose ANY 2 classes to enroll for guaranteed spot  
 additional classes - call ahead to reserve -  
 • OPEN GYMS INCLUDED for persons enrolled  
 Any type of class\* / Any duration /  
 \*skills req for higher class levels  
 •NO make-ups or pro-ration with unlimited  
 \$50 to add additional family member /  
 same household

**1X PER WEEK STANDARD CLASSES**

monthly tuition / based on 4 classes  
 \$95 - 1 hr class  
 choose 1 class you will attend  
 make-ups available  
 pro-rated for gym closures  
 sibling discount - 2nd - 10%,  
 3rd - 15%, 4th - 20%  
 • OPEN GYM pass for person enrolled can be added for \$50 per month

Tuition paid on 1st of month  
 Auto pay required

Prices and schedule are subject to change without notice. Please consult policies, procedures and gym rules

# Mesa Location

## OPEN GYM information

### PRICE

\$10 per hour  
\$35 day pass (sat or sun)

*FREE for members enrolled  
in unlimited classes*

### AGES

7 and over  
(6 and under require adult supervision)

### DAYS & TIMES

Monday  
7-9pm

Tuesday - Friday  
1-3pm  
7-9pm

Saturday  
1-8pm

Sunday  
12-7pm

### OPEN GYM MEMBER MONTHLY PASS\*

Individual \$99

Family of 4  
\$199

additional family  
member \$25

\* Annual Membership required for enrollment  
\$45 per person  
\$20 for additional family members  
\$85 maximum per family  
Tuition paid on 1st of month  
Auto pay required

## KINDER \*ages 5 and under OPEN GYM

**FREE Kinder Open Gym  
with SPF membership**

**Non-members | \$5 per child**

\*Adult Supervision Required

### HOURS

Tuesday: 12-1 pm  
Wednesday: 12-1 pm  
Thursday: 12-1 pm  
Friday: 12-1 pm

**gymnastics fun with your little one**

Prices and schedule are subject to change without notice.  
Please refer to our calendar for holiday closures  
Please consult policies, procedures and gym rules