

Kinder Programs	Mon	Tues	Wed	Thurs	Fri	Sat
<b>Lil Ninjas</b> Ages 4-6	3:45-4:45 4:45-5:45 5:45-6:45 6:45-7:45	3:45-4:45 4:45-5:45 5:45-6:45	3:45-4:45 4:45-5:45 5:45-6:45 6:45-7:45	3:45-4:45 4:45-5:45 5:45-6:45	3:45-4:45 4:45-5:45	9:45-10:45 10:45-11:45 11:45-12:45
<b>Lil Poppers</b> Trampoline Ages 4-6			3:45-4:45			

Parkour	Mon	Tues	Wed	Thurs	Fri	Sat
<b>Level 1 White Band</b> Athletic Shoes Req Ages 7+	3:45-4:45 4:45-5:45 5:45-6:45 6:45-7:45	3:45-4:45 4:45-5:45 5:45-6:45	3:45-4:45 4:45-5:45 5:45-6:45 6:45-7:45	3:45-4:45 4:45-5:45 5:45-6:45	3:45-4:45 4:45-5:45	9:45-10:45 10:45-11:45 11:45-12:45
<b>Level 2 Green Band</b> Athletic Shoes Req Ages 7+	3:45-4:45 4:45-5:45 5:45-6:45 6:45-7:45	3:45-4:45 4:45-5:45 5:45-6:45	3:45-4:45 4:45-5:45 5:45-6:45 6:45-7:45	3:45-4:45 4:45-5:45 5:45-6:45	3:45-4:45 4:45-5:45	9:45-10:45 10:45-11:45 11:45-12:45
<b>Level 3 Blue Band</b> Athletic Shoes Req Ages 7+	3:45-4:45 4:45-5:45 5:45-6:45 6:45-7:45	3:45-4:45 4:45-5:45 5:45-6:45	3:45-4:45 4:45-5:45 5:45-6:45 6:45-7:45	3:45-4:45 4:45-5:45 5:45-6:45	3:45-4:45 4:45-5:45	9:45-10:45 10:45-11:45 11:45-12:45
<b>Level 4 Yellow Band</b> Athletic Shoes Req Ages 7+	4:45-5:45 5:45-6:45	5:45-6:45	3:45-4:45 4:45-5:45 5:45-6:45 6:45-7:45	4:45-5:45 5:45-6:45	4:45-5:45	9:45-10:45 10:45-11:45

Ninja Warrior Junior	Mon	Tues	Wed	Thurs	Fri	Sat
Ages 7+	3:45-4:45 4:45-5:45 5:45-6:45		3:45-4:45 4:45-5:45 5:45-6:45		3:45-4:45 4:45-5:45	9:45-10:45 10:45-11:45 11:45-12:45

Trampoline	Mon	Tues	Wed	Thurs	Fri	Sat
Ages 7+	3:45-4:45 4:45-5:45 5:45-6:45 6:45-7:45	3:45-4:45 4:45-5:45 5:45-6:45	4:45-5:45 5:45-6:45 6:45-7:45	3:45-4:45 4:45-5:45 5:45-6:45	3:45-4:45 4:45-5:45	10:45-11:45 11:45-12:45

Tumbling	Mon	Tues	Wed	Thurs	Fri	Sat
<b>Beginning</b> Ages 7+	3:45-4:45 4:45-5:45 5:45-6:45		3:45-4:45 4:45-5:45			
<b>Intermediate</b> Ages 7+	3:45-4:45 4:45-5:45		3:45-4:45 4:45-5:45 5:45-6:45			
<b>Advanced</b> Ages 7+	5:45-6:45		5:45-6:45			

Tricking	Mon	Tues	Wed	Thurs	Fri	Sat
Evaluation required Ages 7+				4:45-5:45		

Adaptive	Mon	Tues	Wed	Thurs	Fri	Sat
<b>Trampoline</b> Ages 7+		3:00-4:45			3:00-3:45	9:45-10:30

Adult	Mon	Tues	Wed	Thurs	Fri	Sat
<b>ADULT Parkour</b> Ages 16+	4:45-5:45 5:45-6:45 6:45-7:45		5:45-6:45 6:45-7:45	4:45-5:45 5:45-6:45	4:45-5:45	9:45-10:45 10:45-11:45 11:45-12:45
<b>ADULT Tumbling</b> Ages 16+	6:45-7:45	5:45-6:45	6:45-7:45			

**Annual Membership**

\$45 per person  
\$20 for additional family members  
\$85 maximum per family  
Membership required for enrollment

**Membership Benefits:**

- 1 hour open gym pass to share with non-member (only available for new member registrations)
- membership pricing for special events and open gyms
- camp registration fee waived
- 10% off birthday parties

**Monthly Tuition**

\$95 - 4 classes per month  
\$118.75 - 5 classes per month

Sibling discount - 2nd - 10%,  
3rd - 15%, 4th - 20%

- Monthly Jams Pass can be added to a single member for \$50 per month or family for \$100. Enrolled students only.

\$25 - Drop-in Class

**BEST VALUE!**

One person  
\$175 per month - 3 classes a week

Family up to 4  
\$350 per month - 3 classes a week per family member

- \* Class time must be selected ahead of time
- no walk ins
- \* No make ups

Tuition paid on 1st of month  
Auto pay required

Prices and schedule are subject to change without notice. Please consult policies, procedures and gym rules

ALL CLASSES ARE COED