

SPF PARKOUR ACADEMY

CLASS SCHEDULE

Kinder Program	Mon	Tue	Wed	Thu	Fri	Sat
Lil Ninjas -Parkour/Ninja Coed Ages 4-6	3:45-4:45 4:45-5:45 5:45-6:45 6:45-7:45	3:45-4:45 4:45-5:45 5:45-6:45 6:45-7:45	3:45-4:45 4:45-5:45 5:45-6:45 6:45-7:45	3:45-4:45 4:45-5:45 5:45-6:45 6:45-7:45	3:45-4:45 4:45-5:45	9:45-10:45 10:45-11:45
Lil Poppers - Trampoline Coed Ages 4-6			3:45-4:45			
Lil Flippers - Tumbling Coed Ages 4-6		3:45-4:45 4:45-5:45		3:45-4:45 4:45-5:45		
Pakour	Mon	Tue	Wed	Thu	Fri	Sat
Level 1 - White Band Athletic Shoes Req Coed Ages 7+	3:45-4:45 4:45-5:45 5:45-6:45 6:45-7:45	3:45-4:45 4:45-5:45 5:45-6:45 6:45-7:45	3:45-4:45 4:45-5:45 5:45-6:45 6:45-7:45	3:45-4:45 4:45-5:45 5:45-6:45 6:45-7:45	3:45-4:45 4:45-5:45	9:45-10:45 10:45-11:45
Level 2 - Green Band Athletic Shoes Req Coed Ages 7+	3:45-4:45 4:45-5:45 5:45-6:45 6:45-7:45	3:45-4:45 4:45-5:45 5:45-6:45	3:45-4:45 4:45-5:45 5:45-6:45 6:45-7:45	3:45-4:45 4:45-5:45 5:45-6:45	3:45-4:45 4:45-5:45	9:45-10:45 10:45-11:45
Level 3 - Blue Band Athletic Shoes Req Coed Ages 7+	3:45-4:45 4:45-5:45 5:45-6:45 6:45-7:45	3:45-4:45 4:45-5:45 5:45-6:45	3:45-4:45 4:45-5:45 5:45-6:45 6:45-7:45	3:45-4:45 4:45-5:45 5:45-6:45	3:45-4:45 4:45-5:45	9:45-10:45 10:45-11:45
Level 4 - Yellow Band Athletic Shoes Req, Coed Ages 7+	3:45-4:45 4:45-5:45 5:45-6:45	3:45-4:45 4:45-5:45 5:45-6:45	3:45-4:45 4:45-5:45 5:45-6:45	3:45-4:45 4:45-5:45 5:45-6:45	3:45-4:45 4:45-5:45	9:45-10:45 10:45-11:45
Level 5 - Red Band Athletic Shoes Req, Coed Ages 7+	4:45-5:45 6:45-7:45	4:45-5:45	3:45-4:45 5:45-6:45	4:45-5:45 5:45-6:45	3:45-4:45 4:45-5:45	9:45-10:45 10:45-11:45
Adult Athletic Shoes Req Coed Ages 16+	6:45-7:45		6:45-7:45	5:45-6:45	4:45-5:45	10:45-11:45
Ninja Warrior	Mon	Tue	Wed	Thu	Fri	Sat
Athletic Shoes Req Coed Ages 7+	3:45-4:45 4:45-5:45 5:45-6:45	3:45-4:45 4:45-5:45 5:45-6:45	3:45-4:45 4:45-5:45 5:45-6:45	3:45-4:45 4:45-5:45 5:45-6:45	3:45-4:45 4:45-5:45	9:45-10:45 10:45-11:45 9:45-10:45
Trampoline	Mon	Tue	Wed	Thu	Fri	Sat
Coed Ages 7+	3:45-4:45 4:45-5:45 5:45-6:45 6:45-7:45	3:45-4:45 4:45-5:45 5:45-6:45 6:45-7:45	4:45-5:45 5:45-6:45 6:45-7:45	3:45-4:45 4:45-5:45 5:45-6:45 6:45-7:45	3:45-4:45 4:45-5:45	10:45-11:45
Adaptive Coed Ages 7+						9:45-10:30
Tumbling	Mon	Tue	Wed	Thu	Fri	Sat
Beginning Coed Ages 7+	3:45-4:45 4:45-5:45 5:45-6:45		3:45-4:45 4:45-5:45 5:45-6:45			
Intermediate Coed Ages 7+	3:45-4:45 4:45-5:45		3:45-4:45 4:45-5:45 5:45-6:45			
Advanced Coed Ages 7+	5:45-6:45		5:45-6:45			
Adult Coed Ages 16+	6:45-7:45	5:45-6:45 6:45-7:45	6:45-7:45	6:45-7:45		
Boxing	Mon	Tue	Wed	Thu	Fri	Sat
Jr Boxing Coed Ages 7+	3:45-4:45 4:45-5:45 5:45-6:45	3:45-4:45 4:45-5:45 5:45-6:45	3:45-4:45 4:45-5:45 5:45-6:45	3:45-4:45 4:45-5:45 5:45-6:45	3:45-4:45 4:45-5:45	9:45-10:45 10:45-11:45
Adult Boxing Coed Ages 16+	3:45-4:45 4:45-5:45 5:45-6:45	3:45-4:45 4:45-5:45 5:45-6:45	3:45-4:45 4:45-5:45 5:45-6:45	3:45-4:45 4:45-5:45 5:45-6:45	3:45-4:45 4:45-5:45	9:45-10:45 10:45-11:45

PRICING PLANS

MEMBERSHIP REGISTRATION

BEGINS THE DAY OF CLASS ENROLLMENT

- Required for monthly classes
- Renews only if enrolled in classes on anniversary date
- Member pricing for special events
- Member pricing for camps
- \$30 off VIP Birthday Party
- 3 & under free open gym(excludes Nerf and special events, must be attended by an adult)

ANNUAL

\$50	1st Member
\$25	2nd Member
\$25	3rd Member
\$100	Family Max

INDIVIDUAL CLASSES

- Makeups Allowed 30 days from missed class as long as enrolled
- Open Gyms can be used for makeups
- Adjusts if there are 5 classes in a month
- 5% Sibling Class Discount

MONTHLY

\$120	1 weekly class - 4 classes per month
\$150	1 weekly class - 5 classes per month
\$35 Drop in Class	

SAVE UP TO 40% OFF

INDIVIDUAL MULTIPLE CLASSES

- Member selects 3 class times and days at time of enrollment
- No tuition adjustment if there are extra classes in a month
- No Makeups Allowed
- No Billing Proration or discounts

MONTHLY

\$240 12-16 Classes per month

BILLING

- Tuition Billed on the 30th of each month prior to the new month
- Auto Pay Required
- 30 Day drop noticed required via email
- *ESA Billing ask

SAVE UP TO 70% OFF

FAMILY MULTIPLE CLASSES

- Each Family Member selects 3 class times and days at time of enrollment
- No tuition adjustment if there are extra classes in a month
- No Makeups Allowed
- No Billing Proration or discounts

MONTHLY

\$540 12-16 class per month

UP TO 4 FAMILY MEMBERS EACH Family Member

ABOUT US

- Family Owned/Operated
- Established 2007
- Certified Coaching Staff
- First Aid/CPR Certified
- First and Largest Parkour Gym in AZ

OPEN GYM TIMES/PRICING

*Friday 6-9pm
Saturday 12-6pm

*Nerf Night 2nd Friday each month
Nerf Price \$25 Member/\$32 Non Member

Nerf Included in Monthly Pass

MEMBER

ENROLLED IN CLASSES

\$10	Per hour
\$25	3 Hr Day Pass
\$55	6 Hr Day Pass
\$50	Monthly Pass *
\$100	Family Monthly Pass(up to 4 members) *

Children 3 & under FREE

NONMEMBER

OPEN GYM PASS ONLY

\$12	Per hour
\$32	3 Hr Day Pass
\$65	6 Hr Day Pass

*Monthly Pass Exclusions:
Special Events,
Holidays
Check Calendar for closures